

San Diego County **BLACK INFANT HEALTH PROGRAM**



African American infants are more than twice as likely to die during their first year of life in comparison to all San Diego County's infants combined.

*Together, we CAN make a difference and make sure that all babies are born **HEALTHY!***

Benefits include:

- **'HEALTHY BLACK MOTHERS' 10-week prenatal and 10-week postpartum groups**

"Women who completed group reported they had fun, made friends, and learned information to get ready to have and raise healthy babies."

- Individual services based on your needs
- Referrals for health check-ups, emergency clothes, food, housing and more

Eligibility:

- *Pregnant* African American women
- African American women with a new baby (0–3 months of age)

ALL BIH SERVICES ARE AT NO COST

Black Infant Health

5379 El Cajon Blvd
San Diego, CA 92115
619.266.7466

Black Infant Health - North County

420 N. El Camino Real
Oceanside, CA 92058
760.730.5078

Providing Support to Pregnant and Parenting African American Women



San Diego County Black Infant Health Program



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Program clients can:

- Join our 'HEALTHY BLACK MOTHERS' 10-week prenatal and 10-week postpartum groups

"Women who completed group reported they had fun, made friends, and learned information to get ready to have and raise healthy babies."

- Get individual services based on your needs
- Receive referrals for health check-ups, emergency clothes, food, housing and more

To enroll you'll need to be a:

- Pregnant African American woman
- African American woman with a new baby (0–3 months of age)

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For more information or to enroll, call:

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